



Spring 2019

Woodstock Elementary After School Programs

Dear Woodstock Families,

Thank you for your interest in the after school programs! This is information about the programs offered at our school. You can get additional information online at the class website or by contacting the instructor.

Registration:

Registration information is included with the class description. Many classes offer online registration but there are also registration forms available at the school front office.

Dismissal procedures:

At the 2:30 dismissal bell, Woodstock teachers will escort students to the gym where their after school instructor will take them to the room where their program will be held. *Please be sure to arrange for your child to be picked up on time at the end of class. Woodstock School cannot provide care for your child after the end of class.*

Scholarships:

The PTA membership voted to allocate funds for after school class scholarships. We want every student to have the opportunity to take after school classes, so if your child is interested in participating in an after school program but you don't feel you can afford it, or if you know of a family that could benefit from this opportunity, please contact the school counselor, Mr. Kosmas, by email (pkosmas@pps.net) or give him a call 503.916.6380.

Have an idea for a new class or wish something else was offered? Let us know! Send an email to secretary@woodstock-pta.org.

伍德思道克小学2019春季课外班

亲爱的伍德思道克小学的家庭们：

感谢你们对课外班的兴趣，以下是关于课外班的一些信息。如需了解更多、具体的信息，请登录该课后班的网站或者直接联系授课老师。

报名注册：

课程介绍中包括了报名信息，很多课外班可以通过网站报名，也可以在学校办公室领取报名表。

课后班交接安排：

下午2:30下课铃响后，伍德思道克的老师将会把所有参加课后班的同学送到学校体育馆，课后班的老师将参加其课后班的同学从体育馆领到课后班教室上课。请确保在课后班下课时准时接您的孩子。伍德思道克下学将不会在课后班下课后提供看管服务。

奖学金：

PTA的会员投票同意为课外班提供奖学金。我们希望每个学生都有机会参加课外班。如果您的孩子有兴趣参加课外班但您无法承担学费的话，或者您知道某个家庭需要奖学金的资助的话，请通过邮件（pkosmas@pps.net）或电话（503.916.6380）联系学校的咨询老师Mr. Kosmas。

Class Index by Day of the Week

课外班安排表

Monday

周一

Basketball **篮球** - Grades 3-5

Engineering: Renewable Energy **工程** - Grades 3-5

Portland Drama Club: Theatre Fun **波特兰话剧社** - Grades K-1

Tuesday

周二

Chinese Art **中国画** - Grades K-2

Intro to STEM with Lego - Grades K-3

Wednesday

周三

Adventures in Spanish **西班牙语** - Grades K-3

Chinese Art **中国画** - Grades 3-5

Coding with Kids - Grades K-2

Robotics **机器人学** - Grades 3-5

Yoga **瑜伽** - Grades K-3

Thursday

周四

Musical Theatre **音乐剧** - Grades 2-5

Wushu **武术** - Grades K-5

Friday

周五

Basketball **篮球** - Grades K-2

Circus **马戏艺术** - Grades K-5

Coding With Kids - Grades 3-5

Mad Science **科学** - Grades K-5



Adventures in Spanish - Grades K-3

We understand that children learn best when having fun and feeling successful. We keep that at the heart of every lesson. In our immersion-style, play-based classes, we honor a broad spectrum of learning styles by using unique communication-based games, songs and activities that intrigue students, encourage spoken Spanish, strengthen literacy skills, and increase confidence. Classes are kept small to ensure that each student gets lots of practice and individual attention. Join us today to see what our award-winning Spanish classes are all about!

Dates: September 18 - May 15

Day and Time: Wednesdays, 2:30 - 3:30

Where: Room 7A

Cost: \$495 (for 30 weeks)

Register: www.portlandearlylearning.com/SpanishSchedule

More information: www.portlandearlylearning.com | 503-284-0610



Basketball

After school hoops enrichment class - your child will learn athletic fundamentals through progressive drills and fun competitions as well as grow as a person through our programs' goal of positive reinforcement, mutual respect, and cooperation. Your child will have the best experience learning, sweating, and having fun with One on One!

Basketball - Grades K-2

Dates: April 5 - May 31

Day and time: Fridays, 2:30 - 3:45

Where: gym

Cost: \$145 (9 weeks)

To Register: portland.1on1basketball.com

More Info: <http://portland.1on1basketball.com> | jake@1on1basketball.com | 563-451-7698

Basketball - Grades 3-5

Dates: April 1 - May 20

Day and time: Mondays, 2:30 - 3:45

Where: gym

Cost: \$115 (7 weeks)

To Register: portland.1on1basketball.com

More Info: <http://portland.1on1basketball.com> | jake@1on1basketball.com | 563-451-7698



Chinese Art

Students will complete guided art projects/drawings using Chinese art techniques. Teacher Zhang Li has extensive experience teaching Chinese art at Woodstock. Her classes are very engaging as well as inspiring for young aspiring artists!

Chinese Art - Grades K-2

Dates: April 2 - June 4

Day and Time: Tuesdays, 2:30 - 4

Where: Room 6A

Cost: \$95

To Register: Submit registrations forms to director@shurenofportland.org or to the Shu Ren mailbox in the front office. Registration form available here:

<https://docs.google.com/document/d/1DdRZutaHXpm4XroZhnMvy7-fElwLjPa9GfSuVhze1qI/edit>

More Info: 503-887-3149 | director@shurenofportland.org

Chinese Art - Grades 3-5

Dates: April 3 - June 5

Day and Time: Wednesdays, 2:30 - 4

Where: Room 6A

Cost: \$95

To Register: Submit registrations forms to director@shurenofportland.org or to the Shu Ren mailbox in the front office. Registration form available here:

<https://docs.google.com/document/d/1DdRZutaHXpm4XroZhnMvy7-fElwLjPa9GfSuVhze1qI/edit>

More Info: 503-887-3149 | director@shurenofportland.org



PLAY★LEARN★GROW
WWW.CIRCUSCASCADIA.COM

Circus Cascadia: Circus Arts Workshop - Grades K-5

Have you ever wanted to join the circus? Come learn circus skills for all levels and ages! Our workshop is designed to give kids both challenges and success in mastering new skills. This workshop includes clown skills, stilt walking, juggling, unicycling, tight rope, and much more. At the conclusion of the workshop the students will perform their own Circus show!

Dates: April 5 - May 31

Day and Time: Fridays, 2:30 - 4:00

Where: Cafeteria

Cost: \$175

To Register: www.circuscascadia.org/after-school-workshops.html

More Info: paulbattram@circuscascadia.org | www.circuscascadia.org | 503-806-0210



Coding With Kids

Little Coders - Grades K-2

Get them started early! The Little Coders class provides young students with the basics of computational thinking skills, such as loops and conditionals, through a fun blend of hands-on

activities. The curriculum is built specifically for this age group, with a mix of activities from coding puzzles and board games to easy-to-use, drag-and-drop programming tools. Projects are updated each session, so returning students will have new challenges to work through and advance their knowledge.

Dates: April 10 - May 29

Day and Time: Wednesdays, 2:30 - 3:45

Where: Room 4

Cost: \$159

To Register: www.codingwithkids.com/session/12409

More Info: info-portland@codingwithkids.com | codingwithkids.com

Game Development - Grades 3-5

This course introduces kids to computer programming through the fun and excitement of building video games. Working in Scratch, a drag-and-drop programming tool, students will create everything from animations to multi-level games. Beginner Students will learn the core concepts of programming a game, such as loops, conditionals, and variables. Intermediate Students will level-up to more complex concepts, like nested conditionals and functions with parameters. Projects are updated each session, so returning students will have new challenges to work through and advance their creativity and knowledge to the next level.

Dates: April 12 - May 31

Day and Time: Fridays, 2:30 - 3:45

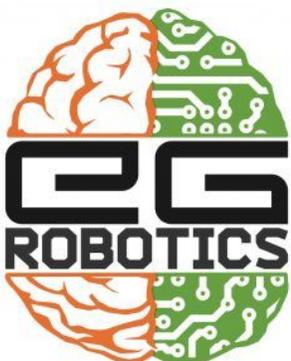
Where: Room 4

Cost: \$159

To Register: www.codingwithkids.com/session/12408

More Info: info-portland@codingwithkids.com | codingwithkids.com

EG Robotics - Grades 3-5



Have you ever wanted your OWN robot? In spring Build-O-Bot class you will make your own remote controlled 4-wheel drive robot!! Customize one arm to be a scoop and the other to chop things up. Race your friends or spin your robot around waving its hands! Learn how to wire motors, LEDs, buttons, switches, light sensors and more.

Dates: April 3 - May 29

Day and Time: Wednesdays, 2:30 - 4:30

Where: Room 19

Cost: \$285

To Register: egrobotics.com

More Info: egrobotics.com, 971-266-3654, contact@egrobotics.com

Engineering: Renewable Energy - Grades 3-5



THIS CLASS HAS BEEN CANCELLED DUE TO LOW ENROLLMENT

Intro to STEM with Lego - Grades K-3

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Fire Trucks, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.



Dates: April 23 - May 28

Day and Time: Tuesdays, 2:30 - 4

Where: TBD

Cost: \$99

To Register: <https://play-well-registration.com/registration/new/78925>

More Info: Joe@play-well.org | <https://www.play-well.org>

Mad Science: Science of Machines - Grades K-5



Probe the radical world of machines and their evolution from the simple to the complex world of robotics. Develop a foundation of understanding for the different sciences that support our mechanical friends including circuit electricity, physics and automation. Be a Machine Maniac!

Dates: April 12 - May 17

Day and time: Fridays, 2:30 - 3:40

Where: Room 4A

Cost: \$110

To Register: <https://register.madscience.org/portland>

More Info: <https://register.madscience.org/portland> | 503-230-8040

Make and Take Art - Grades K-5



THIS CLASS HAS BEEN CANCELLED DUE TO LOW ENROLLMENT.

Portland Drama Club Musical Production - Grades 2-5



Play, practice, and perform in an EPIC 60-minute musical based on Disney's Mulan - complete with costumes and sets! Students will not only learn what it takes to put on a professional show, but will boost their confidence and learn the importance of being a team player in a theater setting through fun games, exercises, and techniques the pros use. With the addition of kung fu and tai chi this is sure to be an experience!

PARENTS please note: Woodstock's production classes are a huge commitment! Please be aware the purpose of this class is putting on a show for which we can be proud. All kids 2nd - 5th grade will be asked to work hard to memorize lines, songs, and dances for the performance. We believe theater is a discipline to be respected and practiced. This is not simply an after school child care class.

Dates: January 3 - June 6

Day and time: Thursdays, 2:30 - 5

Where: cafeteria

Cost: \$425

To Register: This class is already underway and is full.

More info: portlanddramaclub.org | caroline@portlanddramaclub.org

Portland Drama Club Theatre Fun - Grades K-1

The perfect class to introduce your child to the world of theatre! Whether your children are brand new or continuing from our previous sessions the kids will learn basic theatre concepts which help to enhance confidence, coordination, listening skills, speech development and team building. The kids will have fun through theater games and activities as well as learn a piece from either a play, a book or a musical theatre song to perform for parents at the end of the session.

Dates: January 7 - May 20

Days and Time: Mondays, 2:30 - 3:45

Where: Room 17

Cost: \$175

To Register: This class is already underway and is full.

More info: portlanddramaclub.org | caroline@portlanddramaclub.org

U.S. WUSHU CENTER



Portland, Oregon



Wushu Chinese Martial Arts - Grades K-5

Wushu - which is sometimes called Guoshu, Gongfu, or Kung Fu in the West - is the overall term for all self-defense sports in China. Originally, Wushu comprised a set of martial skills used by Chinese soldiers and fighters that were passed on within a family, or a monastery, or from a master to his or her students. Many of these martial arts have an ancient heritage, with Wushu practitioners dating to China's earliest dynasties. Today, Wushu has evolved to become a national sport in the People's Republic of China, with standardized forms, judging criteria and annual competitions. Most of the modern competition forms were derived from parent (or classic) styles and forms.

Wushu is best grouped into four categories: fighting with hands or fists, fighting with swords and other weapons, training in pairs, and training in a group. In practice, Wushu incorporates combinations of attack and defense, advance and retreat, movement and silence, acceleration and slowing down, hardness and elegance, pretense and reality.

Providing instruction in the full range of Wushu styles and forms enables us to find the best styles and techniques for each student's age and physical capabilities. From a physical standpoint, Wushu training in Portland helps students develop strength, flexibility, balance, coordination, stamina, reflexes, and body awareness. On an emotional and intellectual level, we have found that Wushu helps young people gain better self-discipline, focus, and respect both for themselves and for others.

Dates: April 4 - June 6

Day and Time: Thursdays, 2:30 - 3:30

Where: gym

Cost: \$155 (for 11 weeks) + \$15.45 for Nunchucks

Register: online registration form - <https://uswushu.wufoo.com/forms/s1q2tr6w07a4gi1/>

More information: www.uswushu.com/after-school | 503-227-3738

Yoga Playgrounds - Grades K-3

yoga playgrounds



yoga for kids

In these fun and active classes hosted by Yoga Playgrounds kids will stretch and energize their bodies and their minds through individual and group poses, mindfulness games and creative relaxation techniques. Packed with playfulness, positivity and fun, these

classes give kids the tools they need to manage their behaviors to lead happier, healthier and more peaceful lives.

Dates: April 3 - May 29

Day and Time: Wednesdays, 2:30 - 3:30

Where: Room 2A

Cost: \$135

To Register: yogaplaygrounds.com/registration

More Info: yogaplaygrounds.com | hello@yogaplaygrounds.com | 541-778-4541